East Morton CofE Primary School

Menu

Week 1: 2nd Nov, 23rd Nov, 14th Dec, 4th Jan, 25th Jan, 15th Feb, 8th Mar, 29th Mar

Homemade bread, selection of seasonal vegetables / fresh salad & fresh fruit served daily



Mon

Sweet Chilli Chicken Noodles
Soft noodles with sweet chilli sauce and Red Tractor assured chicken pieces. R

Halal Sweet Chilli Chicken Noodles
Soft noodles with sweet chilli sauce and Red Tractor assured HMC chicken pieces. Y

BBQ Quorn & Rice Pot
Succulent Quorn pieces coated in a smoky BBQ sauce, paired with perfectly cooked rice for a satisfying meal. G

Jacket Potato / Tuna Mayonnaise Sandwich / Egg Mayonnaise Sandwich B P

Pears & Chocolate Custard
Tender pears paired with a rich, chocolate-infused custard for a decadent treat.

Tue

Homemade Meat Lasagne & Garlic Bread
A classic homemade Red Tractor beef lasagne with pasta, rich tomato sauce and cheese, served with garlic bread. R

Halal Pasta Bolognaise & Garlic Bread
Pasta in a rich beef sauce with garlic bread, made with Red Tractor assured HMC beef. Y

Macaroni Cheese with a Crispy Topping
Cheesy pasta baked with a crunchy topping. O

Spinach, Sweet Potato Lentil Dhal
This mildly spiced dish with sweet potatoes, spinach, and little lentils cooked together into a smooth, comforting stew. G

Jacket Potato / Tuna Mayonnaise Sandwich / Cheese Sandwich B P

Berry Blondie
Creamy rice pudding topped with a tangy mixed berry compote for a balanced sweetness.

Wed

Roast Meat of the Day
Oven-roasted meat served with gravy, made with Red Tractor assured meat. R

Halal Roast Chicken
Succulent Red Tractor HMC roast chicken served with gravy. Y

Arrabiata Pasta Pot
Pasta in a bold, spicy tomato & lentil sauce with a hint of chilli for a warming kick. G

Jacket Potato / Ham Sandwich / Egg Mayonnaise Sandwich B P

Lemon Swirl Sponge & Custard
Soft sponge with zesty lemon swirl and smooth custard.

Thu

Wholemeal Margherita Pizza
A wholemeal pizza topped with melty cheese and tomato. O

Wholemeal Cheese & Mushroom Pizza
A wholemeal pizza topped with melty cheese, tomato and mushrooms. R Y

Cauliflower Bake with Golden Cheese Topping
Soft cauliflower covered in melted cheese. G

Jacket Potato / Tuna Mayonnaise Sandwich / Cheese Sandwich B P

Pancake & Toffee Sauce
A fluffy pancake drizzled with sweet, sticky toffee sauce.

Fri

MSC Fish Finger Butty
Crunchy fish fingers in a soft wholemeal bread roll, made with MSC-certified fish. O

MSC Salmon & Sweet Potato Fishcake
MSC salmon and sweet potato coated in breadcrumbs. R Y

Golden Nuggets
A blend of vegetables and potato coated in breadcrumbs. G

Jacket Potato / Egg Mayonnaise Sandwich B P

Fruit Jelly
Wobbly fruit jelly that's cool and refreshing.

VEGETARIAN VEGAN HALAL

Scan the QR code to head to our app for full allergen & nutritional info

FOOD FOR LIFE BRONZE SERVED HERE Soil Association

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City of BRADFORD METROPOLITAN DISTRICT COUNCIL

East Morton CofE Primary School

Menu

Week 2: 9th Nov, 30th Nov, 21st Dec, 11th Jan, 1st Feb, 22nd Feb, 15th Mar, 5th Apr

Homemade bread, selection of seasonal vegetables / fresh salad & fresh fruit served daily



Mon

Pasta with a Rustic Vegetable Sauce
Pasta mixed with hidden tasty vegetables in a tomato sauce. O

Stuffed Ravioli in a Sauce
Pasta parcels filled with vegetables. R Y

Quorn Powerball Rice Pot
Tender Quorn meatballs in a rich tomato sauce, served with fluffy seasoned rice for a comforting, plant-based classic. G

Jacket Potato / Tuna Mayonnaise Sandwich / Egg Mayonnaise Sandwich B P

Strawberry Ice Cream & Berry Crunch Sundae
Strawberry ice cream with berries and a crunchy topping.

Tue

Chicken Tikka Pitta Bread
Tender Red Tractor chicken in a mild tikka sauce tucked into a warm pitta. R

Halal Chicken Tikka Pitta Bread
Tender Red Tractor HMC chicken in a mild tikka sauce tucked into a warm pitta. Y

Vegetable Rainbow Savoury Muffin
A savoury muffin packed with colourful veggies. G

Jacket Potato / Tuna Mayonnaise Sandwich / Egg Mayonnaise Sandwich B P

Rice Pudding with mixed Berry Compote
Creamy rice pudding topped with a tangy mixed berry compote for a balanced sweetness.

Wed

Sausages & Mash
Red Tractor reduced fat sausages served with creamy mashed potatoes. R

Halal Chicken Sub
Warm sub roll filled with tasty Red Tractor assured HMC chicken. Y

British Quorn Sausage & Mash
Quorn sausage served with creamy mash potatoes. O

Neapolitan Pasta Pot
Pasta tossed in a classic Italian tomato and herb sauce, with a trio of fresh vegetables, full of simple, fresh flavours. G

Jacket Potato / Ham Sandwich / Egg Mayonnaise Sandwich B P

Chocolate Sponge & Pink Custard
Soft, fluffy chocolate sponge topped with a smooth, sweet pink custard - a warm and comforting classic treat.

Thu

Wholemeal Margherita Pizza
A wholemeal pizza topped with melty cheese and tomato. O

Fiesta Enchilada
Vegetables wrapped in tortillas topped with tomato sauce and cheese. R Y

Fusilli Pasta in a Pomodoro Sauce
Wholegrain fusilli pasta in a light, tomato based Pomodoro sauce. G

Jacket Potato / Tuna Mayonnaise Sandwich / Cheese Sandwich B P

Mud Pudding
A gooey chocolate pudding that looks like mud but tastes like magic.

Fri

MSC Battered Fillet of Fish
Golden battered fish fillet, made with MSC-certified fish. O

Old School Cheesy Bean Pasta Bake
Pasta with beans and melted cheese. G

Jacket Potato / Cheese Sandwich B P

Mixed Fruit Salad
A refreshing medley of seasonal fruits, freshly prepared for a naturally sweet treat.

VEGETARIAN VEGAN HALAL

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Week 3: 16th Nov, 7th Dec, 28th Dec, 18th Jan, 8th Feb, 1st Mar, 22nd Mar

Homemade bread, selection of seasonal vegetables / fresh salad & fresh fruit served daily



Mon

Chicken Tinga with Peppers Taco
Red Tractor assured shredded chicken with peppers in a soft taco. R

Halal Chicken Tinga Peppers Taco
Red Tractor assured shredded HMC chicken with peppers in a soft taco. Y

Soya & Red Lentil Bolognaise Pot
A hearty plant-based twist on a classic, with soya and red lentils in a rich, savoury tomato sauce. G

Jacket Potato / Tuna Mayonnaise Sandwich / Egg Mayonnaise Sandwich B P

Banana Custard
Sweet bananas served with smooth, creamy custard for a comforting dessert.

Tue

Beef & Spinach Burger in a Soft Bun
Red Tractor beef burger with hidden spinach, served in a soft bun. R

Halal Lamb Burger
A delicious Red Tractor assured HMC lamb burger in a soft bun. Y

New York Burger
A planet-friendly plant-powered patty served in a soft bun. O

Marinara Pasta Pot
Pasta served in a light garlic, vegetable and herb tomato sauce, bursting with mediterranean flavours. G

Jacket Potato / Ham Sandwich / Egg Mayonnaise Sandwich B P

Homemade Classic Plain Scone with Jam
A fluffy scone topped with jam so sweet it could make a strawberry blush.

Wed

Mild Chicken Curry with Fluffy Rice
Red Tractor chicken in a creamy, mild sauce served with fluffy yellow rice. R

Halal Mild Chicken Curry with Fluffy Rice
Red Tractor HMC chicken in a creamy, mild sauce served with fluffy yellow rice. Y

Quorn Powerball Sub Roll
Tender Quorn meatballs in a rich tomato sauce and nachos in a baked sub roll. G

Super Savoury Roll
Planet-friendly sausage roll. O

Jacket Potato / Tuna Mayonnaise Sandwich / Egg Mayonnaise Sandwich B P

Apple & Cinnamon Sponge & Custard
Soft sponge with sweet apple and a sprinkle of cinnamon, served with warm, creamy custard.

Thu

Wholemeal Margherita Pizza
A wholemeal pizza topped with melty cheese and tomato. O

Wholemeal Cheese & Pepper Pizza
A wholemeal pizza topped with melt cheese, tomato and peppers. R Y

Katsu Vegetable Rice
Vegetable medley served with wholegrain rice and a lightly spiced curry sauce. G

Jacket Potato / Tuna Mayonnaise Sandwich / Cheese Sandwich B P

Assorted Melon Pot
A tasty mix of fresh melon pieces for a light healthy treat.

Fri

MSC Breaded Fish Fingers
Crispy breaded fish fingers, made with MSC-certified fish. O

Best of Brunch Loaded Soft Roll
A soft roll filled with British Quorn bangers, hash browns and beans. G

Jacket Potato / Tuna Mayonnaise Sandwich / Egg Mayonnaise Sandwich B P

Lemon Drizzle
A zingy lemon cake with a sparkly, sugary drizzle.

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