



Bradford Diocesan  
Academies Trust

**EAST MORTON CE PRIMARY SCHOOL**

**PSHE Policy (referencing Sex Education)**

**To be used in conjunction with the Relationship Education Policy**

## **Mission Statement**

All are inspired to achieve their full potential in our loving community of life-long learners, where:

- Everyone is valued;
- Every chance is provided for all to flourish in the security of God's love; and
- Every day brings the enjoyment of life in all its fullness.

## *Core Values*

At East Morton, 'Love' is our core value and it is from love which all of our six key values flow:

- Hope
- Peace
- Generosity
- Community
- Wisdom
- Justice

## **Sex Education at East Morton CE Primary School**

### ***Rationale***

We aim to ensure that each child realises his or her full potential, developing confidence, independence, self-esteem, together with a full respect for all people. We provide high quality teaching and stimulating learning opportunities that are happy and safe. We meet the needs of individual children in a caring Christian environment, developing mutually supportive links between home and school and ensuring our commitment and provision for safeguarding all the pupils in our care is of the highest quality.

### ***Definitions***

**PSHE:** Personal, Social, Health and Economic (PSHE) education addresses the personal, social, health, citizenship, emotional and spiritual well-being of pupils. We seek to create a learning environment, which enables children to feel good about themselves as they grow towards adulthood.

**Sex and Relationships Education:** This is defined as: "lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care." DfE 0116/2000. In the context of a primary child we believe in empowering pupils to make informed choices to stay healthy and safe.

In partnership with others, the school aims to prepare pupils for the opportunities, responsibilities and experiences of life. We feel it is important to encourage children to form supportive relationships by developing skills, understanding and positive attitudes. The school therefore addresses Sex and Relationships education within its PSHE programme, P4C and Science.

**Drugs Education:** In creating a safe environment, the governors take seriously their duty of care to each pupil by educating and providing a safe environment where the pupils are protected from the misuse of legal substances such as alcohol, tobacco, medicines and solvents, as well as illegal substances. We have a comprehensive teaching programme to promote healthy lifestyles and understand the consequences of misuse of these substances.

We encourage pupils to seriously consider consequences, habits and the importance of healthy life styles. We see this as the joint partnership responsibility of parents, carers and family and school.

In accordance with our anti bullying policy we actively promote respect, personal responsibility and the unacceptable behaviour of bullying and discrimination

**Citizenship:** Linked to our teaching of citizenship and local community involvement and responsibility we educate pupils to understand the importance of positive social behaviour in and out of school and engage only in law abiding activities this teaching is underpinned by our school Christian ethos and community action RE units of work.

**Aims:**

- To enable each child to develop a deep sense of self worth, self respect and social awareness, in the knowledge that we are all important as God's people.
- To provide a secure, stable, supportive environment where trusting relationships are built within a Christian framework of understanding and forgiveness.
- To develop skills such as those which enable the sharing of feelings and opinions, the making of informed decisions, risk awareness, ways of obtaining help and understanding the needs of others.
- To provide strategies to ensure integrity can be maintained when faced with peer pressure.
- To provide reassurance that the physical and emotional changes that take place as children grow towards adolescence and adulthood are normal and acceptable.
- To ensure that all children have balanced information at the appropriate level in order to keep themselves and others safe and healthy.
- To develop an informed appreciation of people's beliefs, attitudes and values, respecting others and challenging stereotypes.
- To promote the importance of stable, loving relationships within the family context of home, school and the wider community.
- To help children understand they have rights and should have control over who touches their bodies.
- To foster the development of outside interests and leisure activities.
- To make PSHE a whole-school responsibility, working in collaboration with parents, the church and the wider community.
- To develop a sense of citizenship, together with an understanding of how society helps individuals and of the contributions that individuals can make to society.
- To provide positive role models.

**Objectives:**

- To provide knowledge and understanding about physical, emotional, social, spiritual and creative changes which occur as pupils grow towards puberty and adulthood.
- To develop an awareness of the effects of people's actions and an acceptance of responsibility for their own actions (Behaviour Policy, School Council)
- To offer a range of learning styles and experiences using flexible group work in order to provide and practise decision making techniques and to develop problem solving and inter-personal and communication skills.
- To ensure all pupils have equal access to the whole curriculum (Equal Opportunities Policy, SEND Policy and Relationships Education Policy)



## **Appendix A**

### **Letter to Parents and Carers**

Dear Parents and Carers

#### **Year 6 Puberty Talk**

On \*\*\*, we will be talking to Year 6 children about the changes which will happen as they go through puberty. This is a vital part of your child's education and is part of the KS2 science curriculum.

Following the lesson, pupils often want to talk to their parents afterwards at home. For this reason, we are keen that you are informed about the content of the sessions and are therefore prepared for any discussions which may take place.

The following issues will be discussed: changes to bodies (including periods and wet dreams), personal hygiene, hormones and relationships. The children will be taught in single sex groups. Mrs Petts will talk to the girls and Mr Holland, our Learning Mentor, will talk to the boys, using material provided by the school nursing team. The sessions, which will also explain the changes that will occur in the opposite sex, have been designed by experienced nurses and both Mrs Petts and Mr Holland are able to answer any questions children have sensitively.

The outcome of the session is to make children aware of what they can expect, therefore reducing their worries about puberty.

Whilst as parents you do have the right to withdraw your child from this session, we believe it will be extremely beneficial for them to participate. Should you have any questions, please do not hesitate to contact us.

Yours sincerely

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